

News Release – For Immediate Release

Publix and Beyond 90 announce the Care and Cooking event this September to help refugee families in Jacksonville, Florida.

Publix and Beyond90 are partnering together to offer groceries and cooking classes to empower Jacksonville refugees and aid them in transitioning in their new environment.

JACKSONVILLE, Fla. – Publix and Beyond 90 are working together to help refugees in Jacksonville settle into their new environment with grocery donations and cooking classes. The event will take place this September, which is national health observances month for food safety education. Cooking classes, meal preparations, grocery donations, and nutritional education will be given by Publix's cooking class instructors to educate refugees on healthy and easy meal options for their families.

Beyond90 is a nonprofit organization that supports refugees in efforts to bridge the gap to self-sufficiency to get refugee's started as they learn how to navigate their new environment. Many refugees in the Jacksonville communities are only provided enough funds and resources for their first 90 days, but with the help of Beyond90 these families can learn about different jobs, educational systems, cooking classes, and more to learn to be self-sufficient and comfortable in a new culture.

The Care and Cooking event will be held at Publix Aprons Cooking School this upcoming September. Night classes will be available for every Monday and Wednesday of September from 4-7 p.m. and 7-10 p.m. Meal preparation for the week and a donation of groceries from Publix to the families with the recipes learned in class will be available to take home. Shuttle buses will also be available to pick families up from their housing complex to the San Jose Publix. Publix Aprons Cooking School is located at 10500 San Jose Blvd, Jacksonville, FL 32256.

Beyond 90 is a nonprofit organization founded in 2017 by Barton and Lori Chelf that "bridges the gap to self-sufficiency by providing supportive services, crisis management, empowerment learning and housing to refugees as they work to rebuild new lives in Northeast Florida." Since starting in 2017, Beyond 90 has helped over 587 families from over 32 countries. For more information, you can go to their website beyond90.org, Instagram @Beyond90Jax, and LinkedIn Beyond90 Inc.

Publix Corporation was founded by George Jenkins in 1930 when he opened his first store, Publix Food Store in Winter Haven, Florida. The first Publix Supermarket opened in 1940, and since then Publix has grown to be one of the biggest supermarkets throughout the Southeastern United States. Publix has been the No. 1 supermarket for customer satisfaction and one of *FORTUNE*'s "100 Best Companies to Work For. For more information you can check out <u>publix.com</u>, Instagram, twitter, and LinkedIn <u>@Publix</u>.

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